

Wellness Meeting

10/15/19 4:00 PM

Elementary School Library

Wellness Committee in attendance: Diane Michael, ~~Larry Lyons~~, Beverly Rhoads, Katie Greer, Jessica Walker, Michele Williams, Nicole Shawhan, Jenna Allen, Jamie Holland, Tim Davis

1. Fuel Up to Play 60 – Michele report out
 - a. Permission slips are being sent out
 - b. Once the permission slip received by the teacher (brought back by student) who is going to set up the accounts? Tech class, gym class, ???
 - c. Grant dollars to help pay for swings for the playground
 - i. Paint for items on the playground (frog pad)
 - d.
2. Wellness Policy
 - a. Review...no changes
3. Healthy Snacks- Parties - Jessica report out
 - a. Passed out a Healthy Snack flier so staff and parent can see options from the cafeteria
 - b. Talked about only having water for parties (no juice boxes or soda)
 - c. Talked about how to regulate what comes in for birthday parties
 - d. Talked about having the district provide the “party items” and nothing coming in from outside
 - i. This will be discussed at next ADM meeting.
4. Other –.
5. Walk-a-thon
 - a. What is the money used for? This answer needs to be placed on the flier students take home.....
 - b. Camp Joy (4/5 pod)
 - c. Michele Williams is hoping to get some of the money for heart monitors for PE class..
 - d. How to get community members on this committee-
 - i. Web site
 - ii. One call
 - iii.

Next Meeting January 2020

Reported by Diane Michael